



Kambo Treatment Resource

What is Kambo?

Kambo is a traditional Amazonian medicine derived from the secretion of the giant monkey frog (*Phyllomedusa bicolor*). Used for centuries by indigenous tribes like the Matsés of Peru, Kambo is renowned for its powerful purgative effects, helping to cleanse the mind, body, and spirit. It shifts 'Panema' (dark energies) and restores balance and vitality, leading to transformative experiences.

How is Kambo Applied?

The application of Kambo involves the following steps:

1. **Preparation:** Prior to the ceremony, participants drink 1-2 liters of water to facilitate the purging process.
2. **Creating Gates:** Small burns are made on the skin using a heated tool, creating tiny entry points for the Kambo secretion.
3. **Application:** The Kambo secretion is applied directly to these gates, allowing the powerful peptides to enter the bloodstream.
4. **Healing Journey:** Participants often experience intense purging, followed by a profound sense of relaxation and clarity.

Pre-Treatment Guide

You Will Be Required To:

1. **Complete a Client Intake Questionnaire:** This is emailed upon booking and must be filled out before attending. It helps assess your health status and suitability for Kambo.
2. **Hydrate:** Drink 1-2 liters of water immediately before the application to prepare your body for the purge.
3. **Avoid Excessive Fasting:** While some dietary preparation is beneficial, do not fast excessively before the session.

4. **Limit Alcohol and Recreational Drugs:** Avoid these substances for at least 24 hours prior to your session to ensure a clear and receptive state.

Pricing

- **1-1 Session:** €150
- **Group Session:** €95

What to Expect During the Ceremony

- **Introduction:** Meet the facilitators, understand the schedule, and share your personal intentions.
- **Healing Process:** Incorporation of kinesiology, energy healing, and psychotherapy as needed.
- **Kambo Administration:** Guided by experienced practitioners, ensuring personalized attention throughout the process.
- **Optional Hapé Snuff:** Available to enhance the healing experience.
- **Music & Energy Work:** Live and recorded music, combined with energy healing and body work, support your journey.
- **Closure:** Enjoy a nutritious plant-based meal and a group integration talk to conclude the ceremony.

What to Bring

- A reusable water bottle
- A cushion and blanket
- Loose-fitting, comfortable clothes
- An item of personal significance for our altar (optional)

Contact Information

For more information or to book your session:

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