



What is a San Pedro Ceremony & What Does it Look Like at The Huachuma Project?

A San Pedro ceremony is a sacred and transformative experience that invites participants to reconnect with their inner truth, nature, and the collective human spirit. Facilitated by the use of **Huachuma (San Pedro cactus)**, a revered plant medicine, the ceremony offers a heart-opening journey to process unresolved emotions, gain clarity, and embrace personal responsibility.

At **The Huachuma Project**, our San Pedro ceremonies are uniquely tailored to provide a safe, structured, and supportive environment where honesty, maturity, and personal accountability are essential.

Our ceremonies primarily take place at our **off-grid retreat center in a secluded valley in Portugal**, surrounded by 115 acres of pristine nature. This tranquil setting offers a grounding space for participants to embark on their journey of transformation.

Additionally, **we occasionally hold San Pedro ceremonies globally** as part of our touring schedule, adapting to the unique energies of each location while maintaining the integrity and structure of our work.

1. Setting and Environment

- **Primary Location:** Most ceremonies are conducted at our retreat center in Portugal. This off-grid valley provides an immersive natural environment, with expansive landscapes and the soothing presence of nature, ideal for deep introspection and healing.
 - **Global Ceremonies:** At times, we bring our work to other locations around the world, combining the essence of the local environment with the heart-centered approach of The Huachuma Project.
 - **Seasonal Adaptations:**
 - **Warmer Months:** Ceremonies are held outdoors, often under open skies, where participants can connect deeply with nature.
 - **Cooler Months:** Ceremonies are conducted indoors in a safe and sacred space, with optional fire work or prayer around an indoor fireplace.
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2. Structure of the Ceremony

a) Preparation:

- Guests receive clear guidelines and resources, such as the **Psycho-Spiritual Preparation Pack**, to ensure they arrive ready for the experience.
- An **intention-setting circle** at the start allows participants to articulate their goals and align their focus for the journey ahead.
- Participants are encouraged to bring **a meaningful item** for the **shared altar**, symbolizing their personal intentions and contributing to the collective energy of the group.

b) Participant Autonomy:

- Participants may choose whether or not to consume the plant medicine. Those who do so make this choice of their own volition. San Pedro is not obligatory, and the decision is respected.

c) Ceremony Duration:

- San Pedro ceremonies typically last between **6 to 15 hours** and flow organically, guided by the needs of the group.
- The ceremony itself is rooted in presence and introspection, with **no storytelling from facilitators**, allowing participants to focus inwardly. Guests are encouraged to bring a **journal** for documenting their personal experiences.

d) Activities During the Ceremony:

- Facilitators provide live music, meditative guidance, and grounding support throughout the ceremony.
- Silent periods and communal connection allow for deep individual reflection and emotional processing.

e) Gradual Closure:

- Ceremonies transition naturally into integrative practices, such as a shared dinner, storytelling, and **communitas** to foster connection and collective healing. The group often bonds through shared reflection and relaxed, tribe-like vibes.
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3. Participant Expectations and Responsibilities

At The Huachuma Project, **San Pedro ceremonies are suitable for individuals who are ready to commit to themselves, take responsibility for their lives, and embrace personal accountability.** This is not a space for entitlement or immaturity.

Participant Code of Conduct:

- Guests must adhere to the retreat's **Code of Conduct and Ethics** to ensure a safe and respectful environment for all.
- **Violations:** Breaking ceremonial or retreat boundaries will result in immediate denial of further participation without refund and a **lifetime ban** from future retreats.
- **Smoking and Vaping:** Smoking or vaping during ceremonies is strictly prohibited.

Communication is Key:

- While facilitators are highly trained, we are **not mind readers**. If you encounter a challenge, you are responsible for communicating it promptly so we can provide support. Waiting until after the ceremony to raise concerns limits our ability to assist.
- Except in cases of extreme violations, most issues stem from **unmet personal expectations**. Participants are expected to remain open to solutions offered during the ceremony.

Resisting the Process:

- Fidgeting, distracting oneself, or disengaging from the process is often a sign of internal resistance. This is your opportunity to build emotional intelligence and self-awareness.
 - Avoid seeking shortcuts or expecting to bypass foundational work like cultivating safety and trust within yourself.
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4. Safety and Care

- **Facilitator Support:** The ceremony is led by experienced facilitators, including founder Austin Romero, supported by skilled healers and therapists.
- **Emphasis on Autonomy:** Participants are encouraged to take full responsibility for their actions and choices, aligning with San Pedro's role as a teacher of personal accountability.
- **No Tolerance for Disruptions:** Disruptive behavior impacts the group and will not be tolerated.

5. What Makes Our Ceremonies Unique

- **Heart-Centered and Grounded:** San Pedro helps participants gently confront unresolved emotions and connect deeply with their heart.
- **Integration Focus:** Resources such as the **Integration & Assimilation Pack** help participants incorporate their insights into everyday life.
- **Sustainability and Reverence for Nature:** The ceremonies honor the land and utilize **locally grown San Pedro cactus**, prepared to maximize potency and bioavailability.

Who Can Benefit from a San Pedro Ceremony?

San Pedro ceremonies are ideal for those who:

- Are ready to take responsibility for their lives and commit to self-growth.
- Seek emotional clarity, healing, or a deeper connection with themselves and nature.
- Have the maturity and accountability to communicate openly and embrace personal transformation.

Important Notes for Participants

- **Respect the Space:** Remaining present and committed to the process is essential. Leaving the ceremonial space or distracting others compromises the collective experience.
- **Responsibility Matters:** This is a space for those who are honest with themselves, ready to invest in their growth, and open to receiving support when needed.
- **No Entitlement:** Entitled, whiny, or disruptive attitudes are incompatible with the depth of work offered in this setting.

Closing Thoughts

At **The Huachuma Project**, we provide a safe, transformative space for individuals to embrace their healing journey. While most of our ceremonies take place in Portugal, we are proud to bring this work to a global audience through touring events. Our ceremonies are rooted in honesty, respect, and collective accountability, offering participants the tools to reconnect with themselves and their community. Through San Pedro, you are invited to take responsibility for your story and step into the next chapter with clarity and intention.

If you're ready to commit, show up for yourself, and embrace this profound work, we welcome you to join us.