



Code of Conduct & Ethics; Guest & Participant Revision

At The Huachuma Project, guests and staff alike are responsible for the safety, wellbeing and containment of both themselves and others.

The following points are rules and herein put into place for everyone to feel safe, supported, comfortable and nurtured whilst in attendance and thereafter. By attending The Huachuma Project in any capacity, you are voluntarily agreeing to adhere to all points made in this document.

Interpersonal & Ceremonial Etiquette:

- 1.) No talking to others during the ceremonies.
- 2.) No touching others or making forced eye contact during ceremonies.
- 3.) No phones or recording devices in ceremonies.
- 4.) No smoking or vaping during ceremony time.
- 5.) No wandering off from ceremonies except for bathroom trips.
- 6.) Guests to refrain from oversharing and talking too much about themselves without first checking with others; “is it okay if I share about...” (group sharing circles are excluded from this point).
- 7.) Ask the facilitators and crew for help, not your fellow participants. And don't try to “heal” fellow participants.
- 8.) Guests should exercise due diligence with their romantic feelings and attraction to others. Retreats are not for hooking up and our advice is to pursue such feelings post retreat at such

a time you feel integrated. If you are in receipt of such feelings wanted or not, set a boundary and inform a facilitator to take care of it.

9.) Guests are encouraged to exercise healthy boundaries.

10.) Be kind and polite and above all be real with your communication.

11.) What happens on retreat stays on retreat. Please keep everyone's identity confidential and private. This is extremely important given the varying careers and cultural backgrounds of people we have in attendance. This also includes no photography without express consent from the individuals or sharing of stories from retreats that are not solely about yourself.

Confidentiality may only be breached when necessary to prevent serious crimes or calamities, or when involuntarily or legally coerced to testify in accordance with the law.

12.) No discrimination or segregation of any sort.

13.) Hold yourself in high regard and pull your weight. You are here to make a change in your life. Taking charge of that only empowers your process.

14.) Please keep conversations relevant and be mindful not to occupy too much space with discussions on conspiracy, world events and politics. Whilst these topics are sometimes part of life, they can be a distraction from our own personal process.

15.) Be considerate of people's need for a good night's sleep. If you have sleep disordered breathing (snoring) please inform a facilitator on booking your place so measures can be taken. Please refrain from high energy activity and noise and excessive light pollution i.e. phone use in sleeping spaces. You are free to carry on these things in other areas.

16.) Everyone is welcome.

17.) All feelings are welcome. All processes are sacred. Be as respectful and welcoming of yourself and others as truly possible.

Good Housekeeping & Community Living:

1.) Everyone is responsible for tidying up before and after themselves.

2.) Leave shared spaces and facilities to a higher standard than you'd wish to find them. I.e cleaning after you visit the bathroom or wash facilities. Discarding trash in the correct bins. Areas are equipped so we can all do this.

3.) Respect the chef. Offer to return and rinse your plate after eating.

4.) Smoking and Vaping is only permitted at the end of the property outside the old white horse shed. Please extinguish all cigarette ends completely in the ashtray provided

and nowhere else. This is to limit the risk of fire, Especially in the summer months where open air burning is forbidden from March to November.

- 5.) No littering on the land. Hold onto rubbish until you reach a bin.
- 6.) Going for a walk? Please tell someone, take your phones, go with someone, wear supportive footwear, be back before dark or the next item on the schedule.
- 7.) You are solely responsible for the security and condition of the items and possessions you bring on site.
- 8.) Do not take or use someone else's belongings without their prior expressed consent. This also includes property/items owned by The Huachuma Project, except in the case of emergency.
- 9.) Arriving by car? Please park considerately to allow maximum use of parking spaces and not to damage the surrounding area or inconvenience the flow of people and other vehicles.
- 10.) Inform staff of damaged or malfunctioning facilities/items.
- 11.) Inform staff if you notice stocked items running low; such as coffee and tea or toilet paper.
- 12.) No trespassing. When walking the land, please stick to the clearly maintained tracks. Don't go over any fences, ropes or borders. Please don't touch any equipment, fallen wood or rock formations. Please don't walk near any dwellings i.e. hunting cabins, buildings or caravans and motorhomes. These are our neighbours, tenants and BnB guests independent of The Huachuma Project and deserve quiet enjoyment as much as you do.

Note: the land is also home to snakes, scorpions, a variety of lizards, birds of prey, wild boar, foxes and the occasional lynx cat. They are mostly out at night and do not come close to where humans live and work. Best to walk in at least pairs and don't lift any objects in the forest because it could be a habitat.

- 13.) In the event of a medical emergency, Trained First Aid operatives are on site and a medical kit will be close by. If hospital care is required ICE and emergency service numbers will be called and either a facilitator or public ambulance will provide transport. You must inform a member of staff if emergency services are called in order to provide directions.
- 14.) In the event of a wild fire the emergency services will be contacted. Depending on the size of the fire we may either stay on site, calmly evacuate by foot to the main road and await the Bombeiros (firemen) or a calm evacuation by car will be made to a large open space where we will continue the ceremonies for that retreat and make plans to return to the retreat centre, liaising with the firemen for when it is safe to do so. It is important to not panic and only retrieve belongings when advised it is safe to

do so by a facilitator or fireman. **The number for all emergency services in Portugal is 112.** Do not attempt to tackle a blaze yourself!

- 15.) The use of alcohol, recreational substances and non prescribed medications are strictly forbidden on site at all times.
- 16.) Attract good Karma in all that you do.

This is not an exhaustive list, intentionally to encourage self autonomy but, if you're unsure about anything just ask.

Above all we want to create a thriving space for everyone in attendance to get the most out of their stay with us. We encourage you to make full use of the facilitators and their expertise, to settle in and feel that every part of you is welcome and held here.

**With Heart, Austin.
The Huachuma Project
November 2023**