



THE HUACHUMA PROJECT

www.TheHuachumaProject.com

The Huachuma Project: The "Can I Have More Information" Pack

Are you ready for a profound transformation? At **The Huachuma Project**, we offer more than just a retreat—we offer a journey back to your true self. Set in the beautiful and tranquil landscape of the Algarve, Portugal, our healing retreats provide an immersive experience using ancient plant medicines, including **San Pedro (Huachuma)** and **Kambo**. Whether you're seeking emotional healing, spiritual growth, or a deeper connection to nature, our retreats are designed to meet you where you are and guide you towards the life you truly want to live.

Founded by **Austin Romero**, a Medicine Man with years of experience in plant medicine and therapeutic modalities, The Huachuma Project combines traditional shamanic wisdom with modern approaches to healing. Here, you'll find a sacred space where you can safely explore your inner world, release old patterns, and emerge with renewed clarity, compassion, and purpose.

Why Choose The Huachuma Project?

At **The Huachuma Project**, we work with powerful plant medicines that support a journey of deep personal transformation. We offer a safe, supportive environment where you can experience real, lasting change. This is more than a retreat—it's a life-changing process of healing and discovery.

What Makes Our Approach Different?

- **Sacred Plant Medicine:** We focus on **San Pedro (Huachuma)**, a cactus medicine known for opening the heart and providing grounded, spiritual insights. We also work with **Kambo**, a frog medicine that powerfully detoxifies the body and clears energetic blockages. These medicines are served in safe, structured settings, where you can explore your healing journey at your own pace.
 - **Blending Ancient and Modern Healing:** What sets us apart is the combination of ancient shamanic practices with modern therapeutic techniques. Austin Romero integrates **rapid transformational hypnotherapy**, **psycho-spiritual inquiry**, **energy work**, and **neuromuscular techniques** into the retreat experience. This holistic approach means that you don't just receive spiritual insights—you also learn how to embody and integrate them into your everyday life.
 - **Personalized Care:** Whether you choose a group retreat or a private, 1-1 experience, you'll receive personalized care throughout your journey. Austin and his team are committed to providing ongoing support, helping you navigate each phase of your healing process.
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Our Retreat Offerings

We offer several types of retreats to meet the varying needs of our participants. From immersive group retreats to tailored private experiences, The Huachuma Project provides an ideal setting for those looking to engage deeply with sacred plant medicines.

1. Group Retreats: Three-Night San Pedro Journey

Our **signature group retreat** offers an immersive three-night experience in a community setting. This retreat is designed to allow you to dive deep into your personal healing while connecting with like-minded individuals.

- **Two Full-Day San Pedro Ceremonies:** Over the course of two deeply immersive ceremonies (lasting 10-16 hours each), you'll work with San Pedro to explore your heart, mind, and spirit. San Pedro provides a grounded, heart-opening experience, guiding you to confront and heal emotional wounds, gain spiritual clarity, and connect deeply with yourself.
- **Kambo Ceremony (the day before San Pedro):** Begin your retreat with a powerful Kambo cleanse the day before the San Pedro ceremonies. Kambo detoxifies and cleanses your body, releasing stagnant energies and providing a physical reset. It is essential to note that Kambo and San Pedro are not combined on the same day for safety reasons—Kambo is always administered a day before the San Pedro ceremonies begin.
- **Accommodation and Meals:** During your stay, you'll be accommodated in our off-grid retreat center, surrounded by 115 acres of pristine woodlands. Choose between comfortable dormitories, yurts, or canvas tents—all designed to provide comfort and tranquility. We also provide freshly prepared, nutritious meals that can be tailored to meet your dietary needs. Our meals are largely plant-based, with options available to suit all preferences.

- **Integration Circles and Support:** After each ceremony, we hold **integration circles** where participants can share their experiences, ask questions, and receive guidance on how to apply their newfound insights to their daily lives. Austin and his team provide integration support throughout the retreat, helping you make sense of your experiences and prepare for life beyond the retreat.

Price: Starting at **€750 per person for three nights**, this retreat includes two San Pedro ceremonies, a Kambo cleanse, accommodation, meals, and post-retreat integration support.

2. Private 1-1 and Exclusive Group Retreats: Tailored Just for You

For those seeking a more intimate or personalized experience, we offer **private 1-1 retreats** or **exclusive group retreats**. These retreats are customized to your specific intentions and provide the highest level of personal care.

- **Bespoke Ceremonies:** We tailor the retreat to meet your individual needs. Whether you're seeking to explore your emotional landscape, gain spiritual insights, or clear physical and energetic blockages, we create a personalized healing journey just for you. This includes the option to add additional San Pedro or Kambo ceremonies (Kambo served the day before San Pedro for safety) or incorporate other therapeutic practices such as **breathwork**, **energy healing**, or **neuromuscular therapy**.
- **Full Personal Attention:** In a private retreat, you receive undivided attention from Austin and the team. Whether you're attending solo or with a small group of friends or family, every aspect of the retreat is designed to meet your needs. You'll have personal time to reflect and integrate, but also receive constant support when needed.
- **Exclusive Add-Ons:** Our private retreats also offer a range of add-on experiences to further enhance your journey. These include **beach excursions**, **cold-water ocean swimming**, **drum-making workshops**, **shamanic tools birthing sessions**, **private yoga classes**, and **holotropic breathwork** sessions. You can customize your retreat by choosing activities that align with your healing goals.

Price: Starting at **€950 per person for three nights**, pricing can be adjusted based on the length of the retreat and additional ceremonies or activities.

Our Healing Approach: Ancient Traditions, Modern Therapeutics

San Pedro (Huachuma) is often referred to as "The Grandfather" for its wise, caring, and compassionate energy. Unlike other plant medicines, San Pedro is not about losing yourself—it's about coming face-to-face with your truth and finding clarity, peace, and self-acceptance. The experience is gentle yet powerful, leading you deep into your emotional and spiritual core, where you can address and heal long-held issues.

Kambo is a detoxifying and purifying medicine that works on all levels—physical, emotional, and spiritual. It clears blockages in the body, helps release old energy, and provides a reset

to the system. While intense, Kambo offers a profound sense of renewal and is an excellent complement to San Pedro. As a safety measure, Kambo is always administered the day before any San Pedro ceremony.

Therapeutic Modalities: The Huachuma Project is unique in that we combine these sacred plant medicines with modern therapeutic techniques. Austin Romero integrates **rapid transformational hypnotherapy**, which allows you to access and reprogram subconscious patterns, **psycho-spiritual inquiry**, which helps you explore deeper life questions, **energy work** to clear and release energetic blockages, and **neuromuscular techniques** that assist with physical release and healing.

This powerful combination of plant medicine and therapeutic support allows you to experience both spiritual and physical transformation. It's not just about gaining insights—it's about embodying those insights and making real, lasting changes in your life.

What to Expect Before, During, and After Your Retreat

Before the Retreat

- **Dietary and Spiritual Preparation:** In the week leading up to your retreat, we recommend avoiding alcohol, recreational substances (except nicotine), soy, dairy, and processed foods. Increase your intake of fresh fruits, vegetables, and whole grains to prepare your body for the medicine. On an emotional and spiritual level, we encourage you to set clear intentions, practice self-care, and engage in reflection or journaling to get the most out of your journey.
- **Check-In and Arrival:** Our retreats begin on Fridays, with check-in between 10 AM and 5 PM. We provide detailed travel instructions to help you reach our retreat center, and we offer optional airport transfers from Faro for your convenience.

During the Retreat

- **Safe, Sacred Space:** Your safety and privacy are our top priorities. You'll be held in a safe, confidential space where you can fully immerse yourself in the experience without fear or judgment. All participants are required to disclose any medical conditions before the retreat to ensure that the ceremonies are conducted safely.
- **Ceremony Structure:** Each ceremony is carefully structured to guide you through your healing process. You'll have the opportunity to reflect, connect with others, and receive personal guidance from Austin and the team during integration circles after each ceremony.


After the Retreat

- **Integration Support:** Healing doesn't end when the retreat does. We offer ongoing support to help you integrate the insights you've gained during the retreat into your daily life. You'll have access to post-retreat resources and can reach out to us anytime for further guidance.

Ready for Transformation? Book Your Retreat Now!

If you're ready to embark on a journey of deep healing and transformation, **The Huachuma Project** is here to guide you. Whether you're drawn to a group experience or prefer a private, personalized retreat, this is your opportunity to reconnect with your true self and step into the life you were meant to live.

Spaces are limited, so don't wait! Contact us now to reserve your spot and start your journey toward healing, clarity, and empowerment.

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The journey begins the moment you commit. Are you ready?

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